



The Worst Scars are on the Inside

– Methods for counteracting
violence against women

Comissão para a Cidadania e Igualdade de Género
Presidência do Conselho de Ministros

UNIÃO EUROPEIA

Fundo Social

Operation
Kvinnofrid
INTERNATIONAL

Contents

Acknowledgements	5
Foreword	7
Introduction	11
I Violence against women – an overview of some current knowledge	17
II Point of departures for discussing methods to counteract violence against women	27
III The methodology of Operation Kvinnofrid International	35
IV Methods for counteracting violence against women	47
V Conclusions	71
References	81
Appendix	87

UNIÃO EUROPEIA
Fundo Social Europeu